Star Lanes
POLARIS

WACKY BOWLING

A FUN SUGGESTION FOR YOUR EVENT

ALL TEAMS SHOULD BEGIN FRAME 1 AT THE SAME TIME

FRAME RULES

FRAME 1 Bowlers must bowl with non-dominant hand.

FRAME 2 Bowlers must sit down (on your bottom) on the foul line and roll the ball.

FRAME 3 GRANNY BOWL; Stand at the foul line, spread legs apart, and roll the ball with two hands from between your legs.

FRAME 4 DANCE BOWL; Dance up to the approach line.

FRAME 5 Bowlers must stand with two feet on the foul line. With no approach, roll the ball.

FRAME 6 Bowlers must stand at the foul line with eyes closed and roll the ball. No Peeking!

FRAME 7 Spin around once and bowl.

FRAME 8 FLAMINGO BOWL; Bowl with one leg.

FRAME 9 BACKWARDS BOWL; With your back facing lanes, roll backwards between your legs.

FRAME 10 Regular Bowl; Give it your best shot!

Star Lanes Polaris is not responsible for any injuries or ball damage during bowling sessions. Please note that the bowling lanes are oiled, do not step past the foul line.